



BURDOCK

CAFE AND RESTAURANT

ALL DAY MENU

8AM - 4PM

Spiced yellow lentil croquettes, yoghurt dip *(pb)* | 6.5

Sweet potato, spring onion and courgette bhajis, pineapple chutney, mango raita *(pb)* | 8.5

Spiced dhal, crispy spinach pancakes, baked egg *(pb without egg)* | 10

Quinoa and wild rice salad bowl, poached egg, kale, spinach, walnuts, cherry tomatoes, avocado, lemon and garlic dressing *(pb without egg)* | 10

Pearl barley warm grain bowl, grilled broccoli, cherry tomato, pomegranate, Za'atar spice, mint yoghurt, pumpkin seeds *(pb)* | 10

Butternut squash, chickpea, coconut and spinach stew *(pb)* | 10

Brown rice, turmeric, red kidney beans and chickpeas *(pb)* | 10

Crispy soba noodle and smoked tofu rainbow salad bowl, pickled cucumber, almonds, red cabbage, carrot, sesame, ginger, wasabi *(pb)* | 12

Za'atar spiced chicken breast, sautéed aubergine and courgette, harissa | 15

Poached Asian salmon, soba noodles, edamame, radish, sesame seeds, soy | 18.5

Extra protein:

smoked tofu *(pb)* 4.5 / grilled chicken 4.5 / sesame salmon 7.5 / poached egg 3

Spice up your dish with Burdock's homemade Asian chilli oil infused with chilli, ginger and Szechuan peppercorns 😊

SIDES *(pb)* 4

Roast sweet potatoes
Grilled broccoli
Kimchi

Steamed pak choi,
garlic crisps
Grilled cherry vine tomatoes

Grilled sourdough,
olive oil 3
Nocellara olives 4.5

DESSERTS 6.5

Lime chocolate cheesecake *(v)*
Pineapple sponge cake, caramel cream *(v)*
Tropical fruit salad bowl *(pb)* | 7

Selection of ice creams and sorbets
Ice creams: Chocolate, Vanilla or Malt
Sorbets (pb): Green apple, Mango or Raspberry

(pb) plant based

All prices include VAT. A discretionary 12.5% service charge will be added to your final bill. Our dish names don't always mention every ingredient. Please let our team know if you have any allergies, and for full allergen information please ask for the manager or go to www.burdocklondon.com

Montcalm Royal London House Hotel, 22-25 Finsbury Square London EC2A 1 DX

020 3873 4050 | www.burdocklondon.com

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ALL DAY MENU

8AM - 4PM

BREAKFAST

Tropical fruit salad bowl (pb) | 7.5

Coconut and chia yoghurt bowl with mango and kiwi (pb) | 7.5

Crushed avocado on sourdough toast, chilli, pumpkin seeds, coriander (pb) | 10

Plant based bacon sandwich (pb) / smoked streaky bacon sandwich | 7.5

Any style eggs on toast | 7.5

Turmeric tofu scramble and chives on toasted sourdough (pb) | 9

Wild mushrooms on toast, watercress, truffle butter (pb) | 11.5

Spiced dhal, crispy spinach pancakes, baked egg (pb without egg) | 10

Smoked salmon with any style eggs on toast | 13.5

English breakfast: Cumberland sausage, smoked streaky bacon, eggs of your choice, hash browns, grilled tomatoes, baked beans, toast | 16.5

Plant based English breakfast: Plant based sausage, "this isn't" plant based bacon, turmeric tofu scramble, hash browns, grilled tomatoes, baked beans, toast | 16.5

ADD ONS

Sourdough toast | 3

Hash browns | 3

Baked beans | 3

Eggs any style | 3

Wild mushrooms | 3.5

Grilled cherry vine tomatoes | 3.5

Kimchi | 3.5

Avocado | 4

Smoked salmon | 4

Smoked streaky bacon | 4

"this isn't" pb bacon | 4

Cumberland pork sausages | 4

Plant based sausages | 4

Spice up your dish with Burdock's homemade Asian chilli oil infused with chilli, ginger and Szechuan peppercorns 😊

FRESH SMOOTHIES AND JUICES

ALL MADE FRESH TO ORDER

SMOOTHIES 7.5

GOJI BOOSTER

Goji berries, blueberries, granola, pecan nuts, honey, almond milk

JAFFA

Banana, orange, raw cacao, pecan nuts, coconut milk

LIVE WELL

Orange, apple, pineapple, ginger, turmeric, almond milk

KAROLINA'S SPIRULINA

Spirulina, spinach, banana, flax seeds, soya yoghurt, agave, soya milk

CLEAN GREEN

Apple, spinach, avocado, cucumber, dates, flax seeds, almond milk

JUICES 5

Orange

Orange, carrot and ginger

Apple

Apple, cucumber and celery

(pb) plant based

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